

Proud Partner of



Lift UP is an equal opportunity provider.



LIFT UP FOOD BRINGS US TOGETHER

Increasing Food Security in Downtown & NW Portland

PROGRAMS AND SERVICES

Preston's Pantry



A shopping-style pantry featuring fresh produce that served 15,190 people in the last year.

Delivered Food Boxes



A service for clients in certain buildings who are unable to access our pantry. 4,820 boxes were delivered in the last year. 44% were dietary-specific, e.g. Diabetic, Low sodium.

Onsite Pantries



Our onsite pantries are available to all residents in a building. In the last year, 59,790 pounds of food were distributed through our onsite pantries.

Supper Club



This cooking and nutrition workshop series is a favorite client program where residents of affordable housing buildings learn to cook nutritious meals.

Free Food Market



This free farmer's-style market occurs every 4th Wednesday of every month at Legacy Health Clinic on NW 23rd from 11am-12pm



LIFT UP - Client and Volunteer Lennie

[Click here to](#)

WATCH [client impact story](#)